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### Conference Organizers:

Saba Ayman-Nolley (Chair, Psychology Dept., Northeastern Illinois University)
Nan Giblin (Professor Emerita, Counselor Education, Northeastern Illinois University)
Michele Kane (Coordinator, Gifted Education Program, Northeastern Illinois University)
Mark McKernin (Chair, Art Dept., Northeastern Illinois University)

# Art in Response to Violence

5<sup>th</sup> International Conference

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| Oct. | 23, | 2012 | THURSDAY |
|------|-----|------|----------|
|      |     |      |          |

8:00 AM Registration Opens

9 – 9:30 AM Opening Remarks and Welcome

Sharon Hahs, President, NEIU

Saba Ayman-Nolley, Chair, Psychology Department, NEIU

Musical Meditation by Members of the Chicago Didjeridu Chorus

9:30 – 10:30 AM Creativity and Violence: Two Means of Transformation

Introduction: Nan Giblin, Emerita Faculty, NEIU Counselor Education

Pat B. Allen, Ph.D., ATR; Author, Co-founder of Open Studio Project

**11:00 – 3:00 PM** Art Therapy Open Room FA206

10:45 – 11:45 PM Objects for Deployment:
Creating New Observers and Spreading the Burden of War

Katinka Hooyer

Interpreting Abuse from Self-Representational Drawings

Elzbieta (Elka) Kazmierczak

Panel: Making the Violence of Class Society Visible:

The Exposure of the Everyday Violence of Exploitation

under Capitalism in Literature and Film

Presenters: Tim Libretti & Ryan Poll

12:00 – 1:30 PM Lunch

Re-Envisioning Under-Represented Cultures through Music

Tom Clowes, Founder and President of Crossing Borders Music

1:40 – 2:55 PM Artist as Therapist: Contextualized Violence as Best

Practice, a.k.a. PRAXIS

Veronica Bohanan

Papermaking as a Creative Coping Strategy for

Dealing with Trauma

Drew Luan Matott & Margaret Mahan

3:00 – 4:50 PM Holding What is Emergent: The Open Studio Process as a

Means to Welcome What is Often Unwelcome

Pat B. Allen, Ph.D., ATR

Interactive Workshop: Papermaking as Personal Transformation

Drew Luan Matott & Margaret Mahan

Stories in Motion Through Dance and Movement

Lenora Lee

**5:15 – 6:00 PM** Peaceful Refuge- Fire Ceremony

Matt Specht, Assistant Vice President for Student Involvement

6:15 – 7:15 PM Reception/Gallery Walk

Led by Mark McKernin, Chair Art Dept, NEIU

7:30 PM White Lotus Rising (film)

lean Matelski-Boulware & Jason Boulware

### THURSDAY PRESENTATIONS

### 9:30 - 10:30 AM — ALUMNI HALL

Creativity and Violence: Two Means of Transformation

### Pat B. Allen, Ph.D., ATR

When we think of transformation we often think of metamorphosis, of the majestic butterfly in all her delicate beauty. Yet the process of change involves other less lovely phases. This keynote will address aspects of violence as they relate to the creative process both actually and symbolically.

### 10:45 - 11:45 AM — SU215

Objects for Deployment: Creating New Observers and Spreading the Burden of War

### Katinka Hooyer

This project traces Katinka Hooyer's transformation as an objective anthropological researcher to politicized civilian, using reflective writing and then performance as the vehicle. It is a product of her discontent with the detachment she experienced theorizing peoples' suffering and standard forms of disseminating research findings. Her participatory performance was designed to challenge our assumptions of who soldiers are and provide an opportunity for civilians to embody the voices of veterans. The aim is to create new forms of understanding and, in a small way, spread the burden of war.

### 10:45 - 11:45 AM - SU216

Interpreting Abuse from Self-Representational Drawings

### Elzbieta (Elka) Kazmierczak

This exploratory research studies intuitive interpretation of projective drawings. Elzbieta Kazmiercak examined 60 raters' demographic and experiential factors linked to their performance in identification of abuse from self-portrait drawings created by college students, some of whom self-reported as abused. The purposes of this study were to identify "good" raters, assess diagnostic utility of a novel self-portrait drawing technique, and develop a methodology for the analysis. Preliminary results showed that raters self-reported abuse was associated with their diagnostic decisions on some outcome measures. The hit rate was associated with ethnicity and teaching in public schools. Differences in the abused and non-abused raters performance are discussed in the context of clinical decisions in projective assessments and advocacy against violence.

### 10:45 - 11:45 AM — SU214

Panel: Making the Violence of Class Society Visible: The Exposure of the Everyday Violence of Exploitation under Capitalism in Literature and Film

### Tim Libretti

The Reality of Violence, the Myth of the Market: Exposing the Abstractions of Brutality in U.S. Capitalist Dynamics in Kevin Corley's novel Sixteen Tons

The violence of our everyday culture is often masked behind social forms that re-name and normalize that violence in benign terms. Kevin Corley's 2014 novel, Sixteen Tons, dispels the myth that our contemporary economic system operates according to impersonal market mechanisms. The novel asks us to reflect on how we as a culture have organized the production of goods and services, and look at the killing and violence that underlies our economy.

### THURSDAY PRESENTATIONS

Making the Violence of Class Society Visible (continued)

### Ryan Poll

Addicted to Speed: Speeding Subjects, Fast Culture, and the Blurred Workers on the Side of the Road

Speed is one of the defining experiences of modernity and needs to be studied as a political experience. In his provocative study, The Speed Handbook (2009), Enda Duffy analyzes Upton Sinclair's celebration and critique of the speed culture in his 1927 novel, Oil! and Alfonso Curón's film Y Tu Mamá También, a film that forges a new aesthetic form to make visible the exploited, transnational subjects in accelerated capitalism.

### 12:00 - 1:30 PM LUNCH — GOLDEN EAGLES

### Re-Envisioning Under-Represented Cultures through Music

### **Tom Clowes**

Short presentation by Tom Clowes, the Founder and President of Crossing Borders Music, on employing a model for presenting classical music that reframes discussions, and challenges racial, social and geographical stereotypes. This model includes performing music by composers from under-represented, poorly understood, often marginalized cultures. This presentation will include an emphasis on histories of creative, positive responses to adversity embodied in music, thus challenging the media's representations of skill-less, passive victims awaiting aid.

### 1:40 - 2:55 PM - SU216

Artist as Therapist: Contextualized Violence as Best Practice, a.k.a. PRAXIS

### Veronica Bohanan

This lecture-performance explores Veronica Bohanan's "artist as therapist" process. This process uses creative expression to name, process and contextualize social and structural violence as witnessed and/or experienced by residents of a residential treatment center for children and adolescent who experienced severe emotional and behavioral challenges. As a therapist, this process of contextualization was crucial to co-creating an authentic therapeutic space, debunking stereotypes, and minimizing judgment. Bohanan's arts-based responses acknowledged her clients emotional and mental health as integral to their racialized experiences as African American boys in wake of the deaths of Trayvon Martin and Joseph Coleman.

### 1:40 - 2:55 PM — GOLDEN EAGLES

Papermaking as a Creative Coping Strategy for Dealing with Trauma

### Drew Luan Matott & Margaret Mahan

Margaret Mahan and Drew Matott of Peace Paper Project will discuss their recent work with hand papermaking in the United Kingdom. The presentation will explore papermaking as a creative coping strategy for dealing with trauma, as it relates to survivors of terrorist attacks, to communities traumatized by The Troubles, to ex-Service men and women, and to individuals who have experienced sexual violence. Mahan and Matott will emphasize their work in the UK with Peace Centres, their collaborations with care providers, and the impact of creativity on the post-conflict state of being.

### 3:00 - 4:50 PM — FA212

Holding What is Emergent:

The Open Studio Process as a Means to Welcome What is Often Unwelcome

### Pat B. Allen, Ph.D., ATR

In this workshop, participants will practice identifying the antecedents to violence and practicing with how to make a space to hold them and get to know what is emergent before it morphs into an emergency.

### 3:00 - 4:50 PM — FA252

Papermaking as Personal Transformation

### Drew Luan Matott & Margaret Mahan

Drew and Margaret will lead ARV attendees through a concentrated papermaking session. Participants will be able to produce pulp for papermaking by operating the bicycle-powered Hollander beater. Participants will also have the opportunity to make sheets of paper and to print images onto the freshly formed sheets using pulp printing techniques.

### 3:00 - 4:50 PM — FA141

### Stories in Motion Through Dance and Movement

### Lenora Lee

Enhance your imagination through a unique workshop. Come explore and engage in a creative process filled with movement as a means to empower and develop stories through the arts. This workshop utilizes performance as a means to heal from trauma and engage in community building.

### 7:30 PM — RECITAL HALL

White Lotus Rising

### Jean Matelski-Boulware and Jason Boulware

Artists, activists, community leaders, and those with the desire to elicit change are working towards the betterment of community on a daily basis. However, so many of their actions and stories go untold. The vision of this film is to bring awareness to larger audiences about the power of art on individuals and community. It aims to highlight the sociocultural aspects and quantify the impact of the Ten Thousand Ripples emerging Buddha sculptures in low income, urban neighborhoods. Though the sculptures themselves are static and rooted in the ground, the movement of the impact of the artwork is pervasive in these neighborhoods.

| Oct. 24, 2012    | FRIDAY   |  |  |
|------------------|--|--|--|
| 9:00 AM          | Registration   |  |  |
| 10:00 - 10:50 AM | Modern Indigeniety and The Osage Reign of Terror<br>Chris Pappan<br>Introduction: Saba Ayman-Nolley, Chair, Psychology Department, NEIU                      |  |  |
| 10:00 – 4:00 PM  | Papermaking as Personal Transformation Drew Luan Matott & Margaret Mahan   |  |  |
| 11:00 - 2:00 PM  | Art Therapy Open Room FA206  |  |  |
| 11:00 – 11:50 PM | Violence and Injustice: What Would You Do?<br>Vicki Roman-Lagunas, NEIU Vice Provost<br>Introduction: Michele Kane, Coordinator of Gifted Program, NEIU      |  |  |
| 12:00 - 12:50 PM | Lunch  |  |  |
| 1:00 – 1:50 PM   | Identifying Sexually Abused Children through Their Art<br>Scott Neubauer   |  |  |
|                  | Creating a Social Consciousness through Art<br>Jennifer Hereth   |  |  |
| 1:00 – 2:50 PM   | Body As Our Canvas: Creatively Exploring and Addressing<br>The Effects of Vicarious Relational Violence and Trauma<br>On Our Whole Selves<br>Melissa Hedlund |  |  |
|                  | Sixteen Tons: A Reading and Discussion with Novelist Kevin Corley<br>Kevin Corley  |  |  |
|                  | Altered Books to Soothe the Soul in the Face of Violence<br>Renee Klyczek Nordstrom  |  |  |
| 2:00 – 2:50 PM   | Creating a Personal Toolbox to Cope with Life's Changes<br>Sharon Hyson  |  |  |
|                  | Lotus Moon:<br>The Life and Work of a Buddhist Nun from 19th Century Kyoto<br>Tom Mollo  |  |  |
| 3:00 – 4:45 PM   | Learning Art & Living Artfully in Response to Violence through<br>West African Drumming<br>Gilo Kwesi Logan  |  |  |

The Hyper-Local Creative Economy: Using Sustainability to Create Stability
Janice Bond

Reclaiming the Self: Violence Through Words, Redemption Through Self Portraits Sarah Vaid

Teenage Archetype Cards: A Loving Response to a Violent Act Jennifer Hereth & Beth Wrobel

4:50 PM Closing featuring The West African Drumming Presentation

### FRIDAY PRESENTATIONS

### 10:00 - 4:00 PM - FA114

Interactive Workshop: Papermaking as Personal Transformation

### Drew Luan Matott & Margaret Mahan

Drew Matott and Margaret Mahan will offer a continuous workshop throughout the day with rolling attendance for ARV attendees. Participants will have the opportunity to make a sheet of paper in a matter of minutes with prepared fibers, or to go through the process of transforming their own materials into pulp for papermaking. Peace Paper will be set up to accommodate all levels of participation. All of the paper that is created will be returned to its makers once it has been pressed and dried the following week.

### 10:00 AM - 10:50 — ALUMNI HALL SOUTH

Modern Indigeniety and the Osage Reign of Terror

### Chris Pappan

Newfound wealth from oil discovered within the Osage Nation didn't bring happiness as people had hoped. Instead it unleashed a wave of terror, fueled by greed and deception. This came to be known as the Reign of Terror and has resonated throughout history. Once again Native Americans were bearing the brunt of violence, but it was a painful lesson in the politics of oil and the perception Americans have of sovereign indigenous nations in America. These issues and more will be explored through mixed media works on ledger paper (ledger drawings), paintings and a presentation about the art of Chris Pappan.

### 11:00 - 11:50 PM — ALUMNI HALL SOUTH

Violence and Injustice: What Would You Do?

### Vicki Roman-Lagunas

Vicki Roman-Lagunas will discuss how university people--students and faculty--respond to violence and injustice through art in Latin America.

### 1:00 - 1:50 PM — SU216

Identifying Sexually Abused Children through Their Art

### Scott Neubauer

For years art therapists have been using art as therapy for sexually abused children. Scott Neubauer researched indicators from art therapy, then designed and tested a method for identifying abused children through their art. Neubauer and his team developed a pamphlet used by law enforcement, daycares, teachers, and counselors for the last two years, and have received requests from all over the United States for help on child sexual abuse cases. Currently they are training and testing students at UW-Whitewater on their ability to identify sexual abuse through children's drawings.

### FRIDAY PRESENTATIONS

### 1:00 - 1:50 PM - SU214

Creating a Social Consciousness through Art

### Jennifer Hereth

This session will demonstrate how the artist used her dramatic paintings to bring out the social consciousness in her community, workplace, and in the world. The artist's paintings span the Arab Spring uprising to New Orleans, Chicago, and beyond. Learn how the artist's work has spawned non-profit initiatives in collaboration with amateur and professional artists to combat homelessness, erase harmful social labels, and inspire creative justice that have touched countless lives in the Chicago area and around the world. Find out more about how to get involved locally and globally!

### 1:00 - 2:50 PM — FA212

Body as Our Canvas: Creatively Exploring and Addressing the Effects of Vicarious Relational Violence and Trauma On Our Whole Selves

### Melissa Hedlund

This arts-based workshop will creatively explore and gently address the effects of vicarious relational violence and trauma, with a particular focus on the body, through art making and elements of mindfulness and somatic experiencing. There are many horrors that exist in this world and perhaps the greatest are those that we inflict on one another. As clinicians working with individuals that have experienced relational violence and trauma, we are susceptible to absorbing the energy and somatic distress of our clients. This workshop will explore and address the effects our clients, their stories and our work environments have on our whole selves, body, mind and spirit. Attendees will be led in a guided somatic meditation, create a body map, visually identifying sensations in the body, have a process dialogue and identify what they need to hold and sustain themselves as healing witnesses to relational violence and trauma.

### 1:00 - 2:50 PM — ALUMNI HALL SOUTH

Sixteen Tons: A Reading and Discussion with Novelist Kevin Corley

### **Kevin Corley**

Kevin Corley will read from his 2014 novel SIXTEEN TONS, which tells the story of coal mine wars in central Illinois and elsewhere from 1898 to the mid-Twentieth Century. The reading will be followed by a discussion with a particular focus on violence toward workers in coal industry throughout history and why he chose in his representation of history to foreground this violence in his art.

### 1:00 - 2:50 PM — FA214

Altered Books to Soothe the Soul in the Face of Violence

### Renee Klyczek Nordstrom

Practice self-care through experiential activity with guided visualization and creative expression using art materials in response to violence, from personal history or vicarious trauma associated with the helping professions. Increase ability to practice self-care using art materials by transforming a book into personal meaning (altered book), increase responsiveness to somatic awareness through creative expression, and increase mindfulness practice through the use of art materials. No art skills needed! Guided visualization, relaxation practices, practicing somatic awareness, and mindfulness will be coupled with art-making. Sample altered books/art journals on display. Materials provided.

### 2:00 - 2:50 PM - SU214

Creating a Personal Toolbox to Cope with Life's Changes

### **Sharon Hyson**

This experiential presentation will allow participants to go through the process of creating a Toolbox with a variety of materials. Creative tools will be explored to include in one's toolbox container. The audience will learn coping skills to deal with inner and outer conflicts and inner and outer violence. Processes and techniques will be shared to use this toolbox process with different populations. Through self-care one will learn to center and cope, and ways to deal with turmoil.

### 2:00 - 2:50 PM - SU215

Lotus Moon: The Life and Work of a Buddhist Nun from 19th Century Kyoto

### Tom Mollo

Rengetsu (Lotus Moon) lived in Japan from 1791 to 1875. As a child adopted by a samurai family, she was taught many things including martial arts and chess. While still young, she witnessed the deaths of her husband and children. Resolving never to marry again, she became a Buddhist nun. To support herself she made pottery items she inscribed with her own poems. Her art, begun out of simple need and the wish to escape her sorrow, brought her quick and lasting recognition. Rengetsu often changed her address to avoid the demands made upon her for more of her work. It is claimed that during her lifetime every household in Kyoto had at least one example of her pottery.

### 3:00 - 4:45 PM — ALUMNI HALL SOUTH

Learning Art & Living Artfully in Response to Violence through West African Drumming

### Gilo Kwesi Logan

This interactive workshop will discuss ways that drumming is used by West African cultures to heal the sick, resolve conflict and promote peace. Participants will be afforded the opportunity to drum and chant to ancient rhythms of the Malinke people from the West African kingdom of Mali. Participants are encouraged to bring their own musical instruments to play. Drums and additional percussion instruments will be provided. Come be an active participant in your own healing, the promotion of peace, and let your spirit guide you into the rhythmic realm of a reality beyond the confines of earthly matters.

### 3:00 - 4:45 PM - SU215

The Hyper-Local Creative Economy: Using Sustainability to Create Stability

### Janice Bond

How does the ability for a community to provide economic opportunities in the arts affect peace? How do we uncover/renegotiate the creative assets in our neighborhoods? Let's discuss these possibilities and solutions together.

### FRIDAY PRESENTATIONS

### 3:00 - 4:45 PM — SU216

Reclaiming the Self: Violence Through Words, Redemption Through Self Portraits

### Sarah Vaid

In this interactive workshop we will explore how violence is manifested through words and how self-portraits can be used as a bridge to communicate, express and process the traumas caused by such violence. Violence through words most often diminishes self-esteem, self-confidence, and self-acceptance. Self-portraits enhance and develop these very traits. Self-portraits can be a powerful and therapeutic way to allow participants to view themselves, unfiltered by the input or feedback of others. Moreover, self-portraits allow for an in-depth confrontation and exploration of oneself. Participants will be introduced to basic tools and techniques to create self-portraits and all creative levels will be encouraged to explore this medium as they reflect upon its power to heal traumas caused by words. Participants will also develop an understanding of the healing and reparative powers of this artistic expression, empowering participants to reclaim the self.

### 3:00 - 4:45 PM — SU214

Teenage Archetype Cards: A Loving Response to a Violent Act

### Jennifer Hereth & Beth Wrobel

Join this interactive workshop to learn more about the Teenage Archetype Cards, created by the artist, Jennifer Hereth, and over 100 art students at the College of DuPage. The artist was overcome with a need to respond after hearing a news report of a teen who resorted to violence against himself and others during a time of internal turmoil. The teen left behind a haunting message: "I'm a loser and I'm a burden, but now I'm famous." The artist's response was to create a tool to give teens more words and images to describe themselves, through the archetype cards. Therapists, teachers and others have been inspired to use the Teenage Archetype Cards to help teens discover who they are as dynamic, complex and amazing individuals. Beth Wrobel, who traveled with the artist to Xi'an, China this spring, witnessed the universality of the archetype cards with Chinese university students. This selfless response to a violent act has flourished into a non-profit organization, IArtistsinfluence. org, bringing countless individuals together in a creative, collaborative initiative to address a variety of social ills. Come participate in this lively and creative workshop!

### **CONFERENCE PRESENTERS**

A Saba Ayman-Nolley, Chair, Ph.D.
Department of Psychology, Northeastern Illinois University
s-ayman-nolley@neiu.edu

**Pat Allen**, Ph.D., ATR, Author, Co-founder of Open Studio Project patallen8@comcast.net

**B Veronica Bohanan**, Clinical Art Therapist veronica@veronicabohanan.com

**Janice Bond**, Director of Arts and Culture for Inner-City Muslim Action Network (IMAN); Owner of Gallery ONI *janice@imancentral.org* 

**Jason Boulware**, M.A., School of the Art Institute of Chicago *jasonrboulware@gmail.com* 

**C** Tom Clowes, M.A., Founder and President of Crossing Borders Music tclowes@gmail.com

**Kevin Corley**, Northeastern Illinois University sixteentons@yahoo.com

**G** Nan Giblin, Ph.D.,

Department of Counselor Education, Northeastern Illinois University n-giblin@neiu.edu

H Melissa Hedlund, MCAT, ATR-BC, LCPC Executive Director and co-founder of The Light of The Heart: A Community Art Therapy Project; President of the Illinois Art Therapy Association mhedlund@thelightoftheheart.org

**Jennifer Hereth**, M.A., School of the Art Institute of Chicago, College of DuPage jennyhereth@gmail.com

**Katinka Hooyer**, Ph.D. Candidate, University of Wisconsin-Milwaukee *katinka.hooijer@gmail.com* 

### **Sharon Hyson**

Art Director, State of Illinois ADA (American Disability Act) Celebration sharonhyson@gmail.com

### K Michele Kane

Coordinator, Gifted Education Program, Northeastern Illinois University M-Kane I @neiu.edu

**Elzbieta Kazmierczak**, University of Illinois at Urbana-Champaign elka@elkadesigns.com

Lenora Lee, Artistic Director of Lenora Lee Dance Lenora@asianimprov.org

### **CONFERENCE PRESENTERS**

**Tim Libretti, Ph.D.**, Northeastern Illinois University *t-libretti@neiu.edu* 

**Gilo Kwesi Logan, Ed.D.**, Northeastern Illinois University g-logan@neiu.edu

**Margaret Mahan**, Peace Paper Project margaret@peacepaperproject.org

**Drew Matott**, MFA, Peace Paper Project drew@peacepaperproject.org

### Jean Matelski-Boulware, M.A.

Northeastern Illinois University alumna, University of Chicago jeanlmatelski@gmail.com

**Mark McKernin**, MFA, Art Department Chair, Northeastern Illinois University *m-mckernin@neiu.edu* 

**Thomas Mollo**, Northeastern Illinois University Library *t-mollo@neiu.edu* 

### N Scott Neubauer, MPA

 $\begin{tabular}{ll} $\sf UW-Whitewater \& Child Abuse Education Foundation of Wisconsin $\it neubaues@uww.edu \end{tabular}$ 

**Renee Klyczek Nordstrom**, LCP, Adler Professional School of Psychology; Timberline Knolls Residential Treatment Facility nordstromr@sbcglobal.net

P Chris Pappan, American Indian Artist chrispappan@gmail.com

**Ryan Poll, Ph.D**., Northeastern Illinois University *r-poll@neiu.edu* 

### R Vicki Roman-Lagunas, Ph.D.

Northeastern Illinois University, Vice-Provost and Professor of World Languages and Cultures v-roman-lagunas@neiu.edu

- S Matt Specht, Assistant Vice President for Student Involvement. mspecht@neiu.edu
- **Sarah Vaid**, Northeastern Illinois University sivaid@neiu.edu

### W Beth Wrobel

Northeastern Illinois University alumna, Advisor at Oakton Community College bwrobel2013@gmail.com

### **CONTRIBUTING ARTISTS**

### B Robin Berkson

Senior Vice President of Membership and External Relations at Donors Forum berksonr@mac.com

### C Shayne Cofer, Ph.D.

Professor and Chair of the Department of Music, Northeastern Illinois University r-shaynecofer@neiu.edu

# H Cassie Hamrick, School of the Art Institute of Chicago cassie.hamrick@gmail.com

**Jennifer Hereth**, M.A., School of the Art Institute of Chicago, College of DuPage *jennyhereth@gmail.com* 

### K Renee Klyczek Nordstrom, LCP, Adler Professional School of Psychology; Timberline Knolls Residential Treatment Facility

nordstromr@sbcglobal.net

### L Beth LeFauve

elefauve@sbcglobal.net

# **Kelly Nelson**, MBA, Northeastern Illinois University klnelso3@neiu.edu

# P Chris Pappan, American Indian Artist chrispappan@gmail.com

### R Eve Rivera

laylaeve@gmail.com

# **Cynthia Roth-Garfield**, Northeastern Illinois University *c-rothgarfield@neiu.edu*

### W Nancy Wong

Photographer, Communications Director for Asian Women United of Minnesota nancy@awum.org

### Krista Wortendyke, MFA

Northeastern Illinois University and Columbia College Chicago kwortendyke@gmail.com

### SPECIAL THANKS

### Sharon K. Hahs, Ph.D

President of Northeastern Illinois University

### Richard Helldobler,

Provost, Vice President of Academic Affair, Northeastern Illinois University

### Frank Ross

Vice President of Student Affairs, Northeastern Illinois University

### Maureen Gillette, Ph.D.

Northeastern Illinois University, Dean of the College of Education

### Wamucii Njogu, Ph.D.

Northeastern Illinois University, Dean of the College of Arts and Sciences

### Marla Jean Douma

Student assistant, Psychology Department, Northeastern Illinois University

### Lynda Gibson

Northeastern Illinois University Psychology Department Alumna, Ph.D. Student, IIT

### Lori Cuevas

M.A., Instructor, Psychology Department, Northeastern Illinois University

### Jennifer Baker, MFA

Northeastern Illinois University Alum, Psychology and Art, Webmaster

### Peter Goldman

Art Department office, Northeastern Illinois University

### **Majid Nolley**

Logo and Program Design

### Jason Boulware, M.A.

Art work, flyer design

### Mark Weiner and Rebekah Hewes

Northeastern Illinois University Director of Food Service

### Chaelecia Cooper

Events and Conference Services, Northeastern Illinois University

### **Nancy Wong**

Photographer, Registration Assistant

### Aziza Shareif

President of Psychology Club, Northeastern Illinois University

### Tim Porcelli

NEIU Alum, Chicago Didjeridu Chorus

### Mila Walkowiak

Artist and Counselor Education M.A. Student

# **NOTES**

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Presented by:

